



Alabet Temple No. 31

Daughters of the Nile

7910 Newburg Road Rockford, Illinois 61108

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Queen's Quips



As September begins this year is nearly half over and it is hard to believe by the next edition of the newsletter for November/December it will be more than half over. As Chaplain for Marsha's Shining Stars I have seen some changes among this year's Queens. Alabet, too, has seen some changes; we have lost two members already and have seen others go through health challenges.

As I send inspirational messages to Shining Stars most every month and hold them in prayer during daily devotions, I always keep Alabet members in my prayers as well. On the day of this writing, for example, Friedrich Schiller's poem, "Ode to Joy" is referenced as one the author considered a failure.

However Schiller's words of joy inspired Beethoven's Ninth Symphony, which is often employed in movies

to raise the energy level and has been adopted as the Anthem of Europe. That is what joy does, it spreads and inspires.

When we hold joy in our hearts, it can have an amazing effect on our life. Our body responds to joy with increased energy and vitality and wherever we are and whatever we do can be transformed. Fatigue can lessen, creativity can increase, tasks can become easier and responsibilities feel lighter.

It is not just mind over matter, but a matter of choice, focus, and intent. Not all choices I have made regarding this year have worked out well, but some have been terrific! The focus and intent I had from the beginning of accepting responsibility by going on the line has helped. Some days it is more difficult to find the joy that I need to fulfill the intent, but so far I have experienced a great deal of joy!

There was joy for me in the David Roth concert and to share it with all who could attend. Many of you experienced that joy as well. The joy of having my application accepted for a Sinnissippi Quilters Guild Charity Quilt as a raffle for our foundation, seeing that project come together, sharing it with Shining Stars and chairing a Shining Star fundraiser for Supreme Queen Marsha Sowers was more than I had ever envisioned. Time is getting short to get those raffle tickets sold for our Foundation, so let me know if you need more tickets and remember the drawing will be by Supreme Queen Marsha on October 1st at our Supreme Visit.

The bus trip to Supreme with many of you and some from Madison was a joy, as was representing you in all of the week's activities and the Dinner at Francesco's and the delightful play at Starlight following was again filled with joy and all of those things fulfill the intent for this year.

We are having our first Ceremonial of the year in August, always a joyful event to welcome new members, and the first Krispy Kreme fundraiser. I look forward to the last half of this year filled with focus, intent, and yes joy! Thank you for being a part of Alabet.

In Nile Love,
Queen Pat



Princess Roval

Just a reminder to all of you to keep **November 1st** open for our annual card and game party. All ladies will be invited for fun and fellowship.

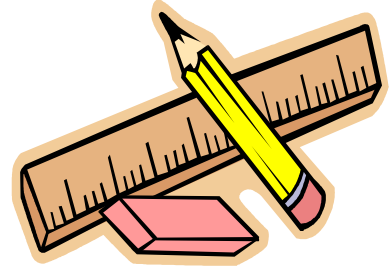
Invitations and details will be mailed at the end of September, so please save the date!



See you at Session or before -----
Phyllis Cain, Princess Royal

Thoughts from Princess Tirzah...

I can hardly believe that **August 28** is just around the corner. That is the **BIG DAY** to which I'm looking forward. Alabet is hosting a party at the Shriners Hospital for Children Chicago from **11:00 to 1:00** for the children. Many of you have already stepped forward to say that you would assist in planning for and/or working with the children that day. I want to thank each of you who have already volunteered and those who will still volunteer for your contribution toward making this party a success. **Pr. Badoura Shirley Cronin** has been busy sewing school bags for the participants; she will be asking for assistance at the party so the children can personalize their bag with fabric paints, stamps and other adornments. **PQ Jackie Anderson** will see that the children get supplies to put in their new school bags; there will be opportunities for the children to decorate some of these items as well. **Pr. Leah Junor** is planning games and will also need assistance. **Pr. JoAnn Siegfried** will be handing out the box lunches for the children. **Pr. Sandye Lovgren** and **Pr. Jan Clancy** will be helping the children frost and decorate star-shaped cookies. **PQ Anne Niday** will be helping the children create their own greeting cards. **PQ Tessie Etier** will be providing face painting. **Princess Royal Phyllis Cain** and **PQ Jennie Patterson** will be greeting each of our guests. **Queen Pat McClelland** has agreed to deliver activities to those children who are hospitalized and may not be able to join us. We are still hoping that **Supreme Queen Marsha** will be able to join the children for at least a little of the fun. I am certain that others have agreed to assist, and I apologize if I've left out any names. This is certainly a team effort for which we can all be proud. For me, this party is all about creating a



connection with the children. I believe that when you know who you are helping and how you are helping them, your rewards for helping increase tremendously. It is not about the recognition from them or others; rather it's about hearing their story and seeing their joy.

It is NOT too late to be part of the fun! Please call (847-341-5001) me and we will be delighted to have you join us. If you are willing to drive to Chicago that day or need a ride, let me know as well. We are also asking for donations of school supplies to be distributed at the party. Pens, pencils, markers, scissors, rulers, erasers, pencil boxes, and notebooks are some of the items I found listed on the Chicago Public School website. Anything you are willing to donate would be appreciated.

In Nile Love,

Gloria

P.S. Remember BUNKO, Friday September 12 from 12:30 – 3:00 p.m.

Website

The official Alabet Temple Website is operational. It is a good place for those of you who are computer friendly to check out the calendar, pictures and copies of all the newsletters. Come see us at **www.alabettemple31.com**.

Princess Badoura Words

Having spent the last few weeks preparing for my part in the first ceremonial for this year, it has become much clearer in my mind just why I am a member of this great organization and why I love being a part of the activities of Alabet Temple 31. When I practiced with a partner (Thank you Pam Slater) I had the opportunity to listen to the words of the other participants. I am sure many of you will agree that you don't remember much from your own initiation. I know I was so nervous that I could not comprehend the meaning of what was being said. Now having really heard them, I appreciate them so much more.

I practiced many hours to try and be my best for the ceremonial, always trying to remember that "perfection is of God", as the Queen says in relation to Princess Nydia's lacework. But it is striving to get as close to perfection as possible that I believe is important. In all I do for Alabet Temple 31 I strive to put in my best effort, whether it is making a quilt or pillow cases for the children at the hospital, helping with the back to school party for the children at the hospital, putting together the newsletter, or any of the other activities I participate in. I believe that is what being a member of Daughters of the Nile requires of me.

It struck me when listening to the speeches of all the participants in the ceremonial how lucky I am to be a part of such a great organization that helps me strive to be the best I can be in all I do. I hope you will take the time to reflect on what we are given and what we are asked to give in our obligation.



In Nile Love,
Princess Badoura, Shirley

Supreme Queen Marsha's Visit

Alabet Temple 31 is honored to host Supreme Queen Marsha D. Sowers when she visits on October 1st. There will be a ceremonial at Tebala Temple Shrine at 2:00 p.m. followed by a banquet at 5:30 p.m. We are hoping for a good turnout of the Ladies of the Household.

There will be a breakfast with the Supreme Queen on Wednesday October 2nd at 7:00 a.m. at Hoffman House. Supreme Queen Marsha and Queen Pat (and others who wish to do so) will then travel to Madison Wisconsin to attend the ceremonial at that temple.



Krispy Kreme Doughnut Fund-raiser



Time for you to sell (or buy) Krispy Kreme Donuts in our first of these fundraisers. Ordering will end August 29th at 3:00 p.m. If you have not received your ordering packet or if you want to buy some donuts for yourself or friends, call Queen Pat at either 815-398-7399 or 815-494-9695 before the ordering deadline. Donuts will arrive at Tebala Temple early September 3rd (the day of the September session for Daughters of the Nile). Orders specified for delivery will be delivered in the morning and those specified for pick up can be picked up at Tebala Temple anytime during the day.

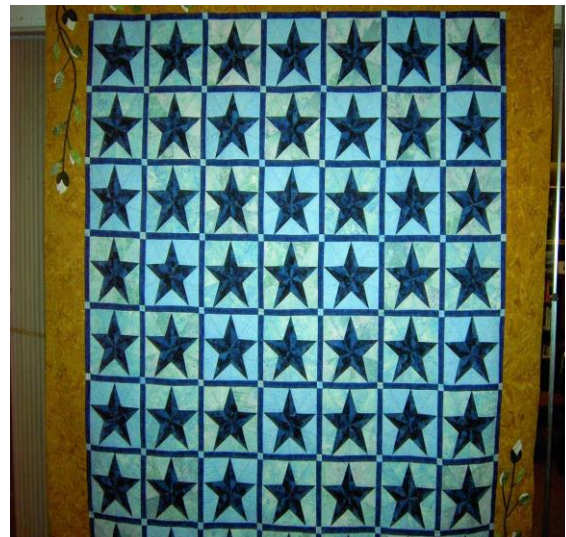
Don't worry if you missed this fundraiser, there will be at least one more opportunity to help out.

Raffle Quilt

The beautiful raffle quilt, designed and made by the Sinissippi Quilters Guild has travelled to Omaha, Nebraska and inspired a fund raising effort at the Supreme level.

Members of Alabet Temple 31 have been selling raffle tickets since April and we hope you will continue to help with this fund raising effort for the Foundation. Brochures and tickets are available by contacting Queen Pat at 815-398-7399 or 815-494-9695.

Drawing will be done by Supreme Queen Marsha during her visit on October 1st. Good luck everyone!



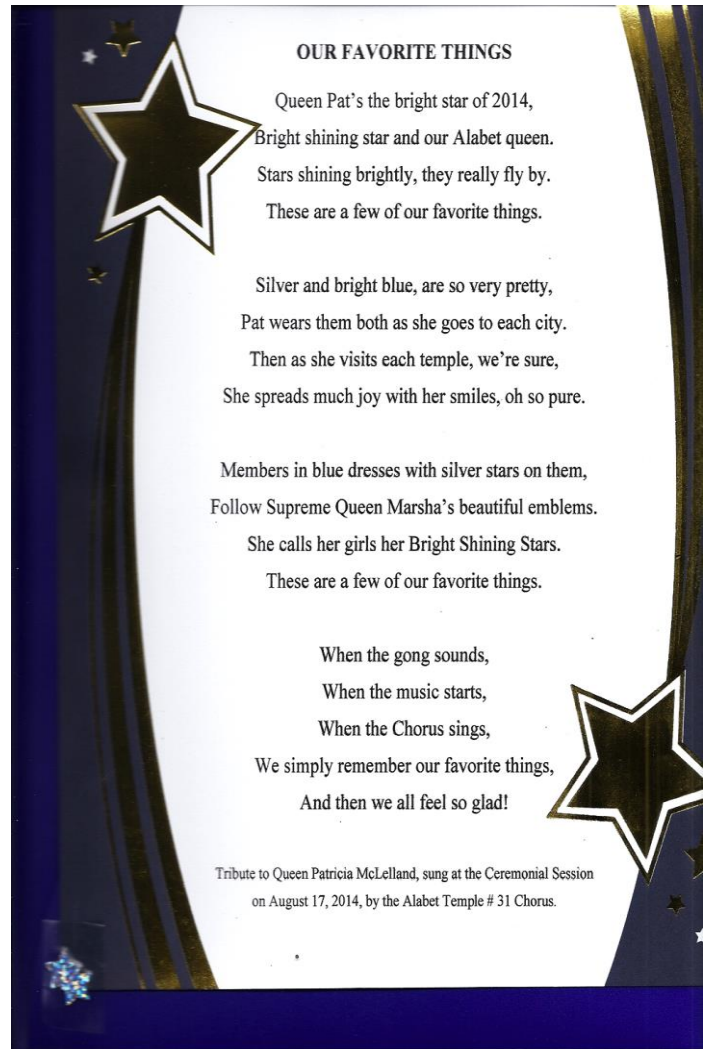
Unit Performances at August Ceremonial

Two of Alabet 31 Units performed at the Ceremonial held August 17th. The Dancers Unit members Pr. Joy Aiello-McDonnell and PQ Jacqueline Anderson performed a



beautiful and inspirational performance of the Lord's Prayer!

The chorus, in addition to providing all the appropriate music for the Ceremonial, performed an original adaption of "My Favorite Things." The piece, entitled "Our Favorite Things" was written by Alice Alfredson. After the performance the chorus presented Queen Pat with a beautifully prepared document with the lyrics to the song.



Well done, singers and dancers; you made the day very enjoyable.

Founder's Day

Don't forget that the October 8th Session is Founder's Day. Past Queens are reminded that they should wear the uniform from their year as Queen.

Upcoming Events

September

Wednesday 3 rd	9:00 a.m. Fund Raising Delivery 6:00 p.m. Light Supper Appointed Officers serving 7:00 p.m. DON Session
Wednesday Sept 4 th	Road trip to Al Sihah Temple No. 29, East St. Louis, IL Ceremonial and Banquet.
Thursday, Sept 5 th	Shriners Hospital for Children, St. Louis, MO.
Friday, Sept. 6 th	Sydyk Temple No. 107 St. Louis, MO Ceremonial
Friday Sept. 12 th	9:00 – 12:00 Sewers Tebala Shrine Center 12:30 – 3:00 Bunko Tebala Shrine Center
Wednesday 17 th	6:00 p.m. DON open Board meeting Queen Pat's home
Saturday 20 th	Potentate's Ball Tebala Shrine Center
Sunday 28 th	2:00 p.m. Mandatory Rehearsal for Supreme Official Visit Tebala Shrine Center
Tuesday 30 th	Set up for Supreme Official Visit Tebala Shrine Center 5:00 – 7:00 p.m. Rehearsal for Ceremonial during Supreme Queen's visit.

October

Wednesday Oct. 1 st	Supreme Official Visit of SQ Marsha D. Sowers 2:00 p.m. Ceremonial at Tebala Shrine 5:30 Banquet at Tebala Shrine
Thursday 2 nd	7:00 a.m. Breakfast with Supreme Queen at Hoffman House 8:30 a.m. Travel with SQ to Madison WI 2:00 p.m. Ceremonial
Wednesday Oct. 8 th	5:00 p.m. Mentoring Workshop – Tebala Shrine 6:00 Light Supper – Past Queens hosting 7:00 p.m. DON session – Founder's Day Set up for Krispy Kreme fundraiser
Thursday Oct. 9 th	5:30 p.m. Chorus Chili Supper – Tebala Shrine
Friday Oct. 10 th	9:00 a.m. Sewers
Wednesday Oct 15 th	6:00 p.m. DON open Board meeting – Queen Pat's home

Fridays, Saturday and Sundays in October – Tebala Temple of Terror

Saturday, November 1st Orthopedic Card Party